

St. Vincent de Paul Food Bank



For the Year 2015

- **Total number of people served** **39,226**
- Total children served 14,915 (38% of total)
- Total families/households served 10,438
- Total number of new families/households in 2015 1,323 (110/month)
- Total homeless sack lunches from July - December 3,358
- Average number of veterans served each month 30

St. Vincent de Paul Food Bank serves residents in the communities of Hillsboro, Cornelius and North Plains and is operated by the St. Matthew's Conference of the Society of St. Vincent de Paul. Residents in need of help can receive food assistance once a month. They also provide sack lunches to the homeless to help address their food needs.

The Food Bank is open Monday through Saturday from 9:00 am to 11:30 am. It is located at 442 SE 3rd Avenue in Hillsboro, across the street from St. Matthew's church on the corner of 3rd and Oak St.

Households using the Food Bank include working parents with children, retirees, and folks with disabilities. There are a number of reasons people need food assistance, including the sky-rocketing cost of rent in the Portland Metro Area. The Hillsboro Tribune reported in February that rents have gone up 34 percent in the Hillsboro-Forest Grove area, with the median monthly rent for a Hillsboro apartment being \$1,650. When families have to spend a larger portion of their income on rent, they have to cut back on food.

The Food Bank receives vital assistance from area food vendors, such as produce, bread and dairy products. Some of the vendors that help are Albertsons, Costco, WinCo, Safeway, Lil Caesars, New Seasons, and Whole Foods. The Oregon Food Bank is a vital part of the operation, as well.

The Food Bank is run entirely by volunteers. On average, more than 1,300 volunteer hours are needed each month to operate the Food Bank (15,760 hrs. in 2015). Volunteers pick up food; stock the shelves, refrigerators and freezer; package dry goods (e.g., sugar, flour); sort and bag produce; help folks with their shopping; and make sack lunches for homeless individuals. Volunteers also pickup donated furniture and deliver these items to needy individuals.

***Are you looking for a volunteer opportunity?
St. Vincent de Paul Food Bank gratefully accepts donations of
food, furniture, money and time.***

Please call 503-693-7528